

NAME: _____

4-H CLUB: _____

PROJECT: _____

4-H AGE (As of January 1st): _____

4-H Food and Nutrition Score Sheet

	EXCELLENT	PROFICIENT	Needs Improvement	Totals for each section
Portfolio Knowledge (15)	All areas included, strong knowledge and effort (15)	A majority of the interest areas included (13)	Very few areas included and/or basic knowledge (10)	
Portfolio Organization (5)	Arranged in same order as the book—logical & attractive (5)	Interest areas are randomly arranged (4)	No logical order or creative approach, spelling errors, (3)	
Project Book Completion (5)	All applicable experiments and questions fulfilled (5)	A majority of the book is complete and neat (4)	Large portions are not filled out or it is messy (3)	
Subtotal				
Food/Quality/Knowledge (15)	Food attractively served, delicious, strong knowledge of preparation (15)	Moderate food quality and knowledge or had to be prompted (13)	Recipe wasn't followed or little understanding of preparation (10)	
Menu (10)	Follows My Plate and is colorful and appealing (10)	Basic nutrition included but little variety or wrong portions (8)	No regard to nutrition or 5 basic components of menu planning (4)	
Place Setting (5)	Attractive, appropriate and complete (5)	Too formal/informal for menu, missing components (4)	Major portions of place setting missing or placed incorrectly (3)	
Subtotal				
Interview Skills (15)	Conversational, confident for their age, did not need prompting (15)	Some knowledge but one word or incomplete answers (13)	Was unable to discuss the project, did not maintain any eye contact. (10)	
Personal Qualities (5)	Poised, excellent grooming, appropriately dressed (5)	Doesn't smile during interview or appeared unenthusiastic (4)	Dirty nails or clothes, unkempt hair, chewing gum. (3)	
Subtotal				
Content Questions (25) Five Questions at 5 pts Each				
Total Score				

COMMENTS: