

Teen Camp Packing Checklist

Items to Bring to Camp:

- Sleeping bag (best option for outpost) or blankets and sheets (beds & mattresses are furnished)
- Pillow
- Personal items (soap, shampoo, toothbrush, toothpaste, deodorant, comb, tissues, etc.)
- Washcloth and towels
- Clothes (shorts, t-shirts, underwear, pajamas for 5 days, with some extra in case they get wet, dirty, etc. No spaghetti straps on tops. Be sure to pack shirts with sleeves for dining hall (see rules). Shorts should have at least a 3" inseam.
- Jeans, sweatshirt or jacket in case of cool weather or chilly evenings
- Plenty of socks
- Laundry bag or mesh bag for dirty clothes
- Two pairs of comfortable shoes (in case one pair gets wet). One of these needs to be a tennis shoe or hiking shoe for walking up hills in woods. Flip flops break and are not appropriate camp shoes! Flip flops may only be used to/from shower and swimming.
- One pair of water shoes or old pair of tennis shoes for tubing trip
- Swimsuit (camp appropriate – no bikinis) and towel. Old t-shirt is required on the slip-n-slide.
- Sun screen
- Bug repellent (must be non-aerosol type)
- Lip Balm (such as Chapstick, Blistix, etc.)
- Refillable Water Bottle with your name on it (for use during sessions and activities)
- Rain gear
- Flashlight & Batteries (not required)
- Remember to put your name on all articles to reduce the number of lost items.
- Medication in container with prescription label attached. Have this accessible to turn in at registration.
- Items allowed in the cabin include: hair dryers, curling irons, alarm clocks, portable fans and medical appliances. NO OTHER appliances are allowed.
- Camera & Film (if using a disposable camera, write your name on it)
- Stationary, postcards, stamps (optional)
- Optional: Items for themed events ("Rave" Items such as glow sticks, fun sunglasses, or neon clothing; Sports/Olympic theme items such as jerseys, hats, eye black, etc)

Do Not Bring to Camp:

- Candy & snacks (they attract raccoons, mice, skunks, etc. into your cabin)
- Money – the camp store will not be open during camp
- Electronic devices (cell phones, hand games, refrigerator, TV, radio, pagers, etc.)
 - Camp has a strict rule that cell phones are not allowed. If brought, they must be turned into the nurse's station for the duration of camp.
- Fireworks, alcohol, drugs, tobacco, firearms
- Anything that you would be upset if it got lost, damaged or dirty