

July 1, 2021

Dear Junior Campers and Parents:

It is almost time to pack up and head to 4-H Junior Camp. This year the theme is Peace, Love, 4-H! You are in for a great week of fun, friends and learning new things! Read this letter carefully to prepare for an enjoyable week at camp. Be sure to note items that have immediate deadlines. The forms are available on the web if you misplace them. Go to <https://delaware.osu.edu/program-areas/4-h-youth-development/delaware-county-4-h-camp>

Arrival and Departure

This year we must follow a staggered arrival and release schedule. You will arrive by first letter of the camper's last name. If you are carpooling with someone with a different last name, please choose one of the times. **DO NOT ARRIVE EARLY.** We must use a drive through drop off method, and traffic flow will not work if you come early and park. **Campers must have dinner prior to arriving at camp.**

Camper Last Name	Saturday, July 17 Arrival	Wednesday, July 21 Departure
Last Names A-C	6:30 PM	9:00 AM
Last Names D-H	7:00 PM	9:30 AM
Last Names J-P	7:30 PM	10:00 AM
Last Names R-Z	8:00 PM	10:30 AM

A map is included on the green sheet. 4-H Camp Ohio is located at 11461 Camp Ohio Road, St. Louisville, OH 43071. It will take about 70 minutes from downtown Delaware. Caution: Black Snake Road in Utica is about 50 feet south of the stoplight and it is easy to miss.

The check-in process will look different for 2021. Instead of all campers arriving at the same time and waiting in line at the Rec Hall, this year, there will be several stops along the driveway where you will roll the window down and the majority of the check-in process will take place in your vehicle. Follow the signs and directions from individuals managing traffic flow.

First Stop at Campbell Lodge: Temperature of the campers in the vehicle. No one will get out of the vehicle. PLEASE NOTE: If any camper in the vehicle has a temperature over 100.4, then ALL of the campers in that vehicle will have to go home and cannot stay at camp.

Second Stop at Rec Hall: Nurse. All vehicles will stop to check in with the nurse. **Please bring a small photo of your camper with you.** Campers with medications and other health concerns will have the opportunity to discuss their camper's medicine needs and/or special health care concerns. You will need to give any medications, over-the-counter and prescription, to the nurse at this stop during check-in. (See more information about Medicine on the next page.)

At this stop, you will also drop off a small photo of your camper.

Third Stop: Unloading. Boy campers will be directed to park on the boy's side of camp and girl campers will be directed to park on the girl's side of camp. **ONLY ONE PARENT/GUARDIAN MAY EXIT THE VEHICLE WITH THE CAMPER.** Take your child and his/her belongings to the assigned drop-off area (girls at Flag Pole and Boys at back side of Rec Hall. In order to comply with health restrictions this year, parents will not be allowed in the cabins. Counselors will be more than happy to help your camper get settled in the cabin. You can say your goodbyes at the final check-in station.

Early Departure

Any camper that must leave camp prior to dismissal time must have the cherry-colored Early Release Form. Please turn it in at the first stop during camp registration. Please list who may pick up your child. This year we cannot allow campers to return to camp once they leave.

Restricted Release

Sometimes in the case of guardian custody issues, it is necessary to let us know of restrictions of with whom your child is allowed to leave. If this is the case, please email Laryssa at hook.26@osu.edu for the form. Please request this form only if absolutely necessary.

What to Pack

The enclosed green sheet (on back of the map) lists the items you will need to pack. Remember to put your name on everything possible with a permanent laundry marker. We want you to return home with everything you brought to camp.

Medicine

Bring any prescription medicine you normally take with you to camp. You will give all medications to our camp nurses during the second stop you make during drive through registration. Have medicine ready to check in and don't pack it in your suitcase. **Please put your medicine in a clear ziplock bag with campers name on the bag.** Camp has the medicines that you could check when you completed the health form and there is no need to pack an entire medicine closet. **Any prescription medicine must have the pharmacy label attached with camper name, dosage, etc. All medicine of any kind, including over the counter items like allergy medicines, etc., must be kept with the nurse.** If you need to hand carry items, such as an EpiPen or inhaler, then you must still check in with the nurse during registration.

Camp Rules

OSU requires a standard of behavior form for all camp participants. The Camp Ohio rules are listed on the back side. Please review these rules with your child before camp and bring the signed form with you to camp.

Phone Use

There is not a phone available for campers to use for calling home. The number a parent can use only in case of emergencies is **740-745-3388**. Please write this number down in case you need to reach us in an emergency. If no one answers, we could be at programs or a meal so please try back later. If you call 411/information to get the 4-H Camp Ohio phone number, you will be given the camp business line. This number will not reach us.

Cell phones and other electronic devices with internet capabilities are **not permitted** and will be held by adult staff until the end of camp. These devices are distracting to the purpose and objectives of camp. Cell phones and other devices that can send digital images are a great risk

to your child's personal safety because campers are sharing sleeping and dressing quarters in the cabins. 4-H Camp Ohio has had an incident with an organization violating this policy and that organization no longer offers a camp experience for their youth due to the nature of the pictures electronically sent out. Don't let this happen to us!! If you choose to send your child to camp with a cell phone or internet capable device, it must be turned in and held in the office or your camper will be sent home. This is Ohio 4-H and 4-H Camp Ohio policy.

Preparing Your Child for Camp

Children react differently to their first experience being away from home. The way you, as a parent/guardian, help them prepare can make a big difference in whether your child enjoys camp. Prepare your child to stay all week. Don't say "We'll come and get you if..." Children who come planning to have fun all week usually do. Children who come anxious or worried about home will have more trouble concentrating on camp. Talk to your child about the things he/she can look forward to doing (swimming, hikes, making new friends, crafts, games, and campfire). Discuss that some things will seem different (the food, schedule, bunkmates etc.), but that different can be good. Flexibility and adaptability are important life skills for everyone to learn.

When you drop your child off at camp, say something like, "Have a good time! We'll look forward to hearing all about your week when we pick you up." Don't say, "We'll miss you," "The dog will miss you," "How will we manage without you?" or "Too bad you are going to miss doing...." Remember, campers are not permitted to have cell phones. Tell them to write to you if they want to talk to you. Also, remind them that they can talk to their counselor or any adult staff member about anything they need.

There are some great resources on this topic at <https://www.acacamps.org/press-room/how-to-choose-camp/homesickness>

If you have questions, please contact me. We will see you at camp!

Sincerely,











Laryssa Hook
Extension Educator
4-H Youth Development

Enc.: COVID-19 Acknowledgement	Lilac
Map/Camp Packing Check List	Blue
Early Release Form	Cherry
OSU Standards of Behavior/Camp Ohio Rules	Gray
4-H Camp Ohio Packing for Prevention	Salmon

Action Items:

- **BRING these 3 items to Camp**
 - **Small Photo of camper to give to Nurse**
 - **COVID-19 Acknowledgement Form – Lilac - must be signed in ink**
 - **OSU Standards of Behavior – Gray**

Updates on Health & Safety Considerations for COVID-19

	<p>ARRIVAL / DEPARTURE Staff, campers, and family are encouraged to participate in low-risk activities the 14 days prior to camp arrival, and to make note of their health status for COVID-19 symptoms during this period.</p> <p>Curbside check-in will be used this year. Upon arrival, campers will complete a health/risk assessment and temperature check before exiting the car. Only one parent/guardian/family member will be allowed to exit the vehicle for drop off and pick up. Parents/ guardians/family will not be permitted in the cabins.</p>
	<p>MASKS As of 6/1/21, masks will no longer be required at 4-H Camp Ohio. Campers are welcome to wear masks if they choose.</p>
	<p>CABINS Cabinmates will make up the primary group of campers that do activities together throughout their time at camp. Cabins may also be grouped into a larger group (up to 20 kids) for some large group activities.</p>
	<p>MEALS Cabinmates will sit together for meals. Tables will be adjusted to allow for spacing. As usual, food service will follow all local health department requirements.</p>
	<p>GROUP ACTIVITIES All camp activities will be designed to keep cabinmates together, provide adequate space, be outdoors as much as possible, and reduce shared supplies.</p> <p>Cabinmates will spend the day attending sessions together as a group. All campers will get to experience each of the sessions. Camp sessions have been adapted to limit shared supplies, provide spacing, and utilize outdoor spaces as much as possible.</p>
	<p>ILLNESS Staff members, counselors, or campers with a fever of 100.4 degrees or higher or any other COVID-19 symptoms, such as cough or shortness of breath will not attend camp. Any staff or campers who have been in close contact with someone who has tested positive for COVID-19 or is suspected of having COVID-19 will not attend camp. As usual, campers or staff who experience any signs or symptoms of illness will be seen by the camp nurse(s) for evaluation. Campers and staff who experience COVID-19 symptoms will be isolated as a precaution and sent home (picked up by their family member).</p>
	<p>COVID-19 VACCINATION STATUS Unless they have COVID-19 symptoms, exposed fully vaccinated individuals (2+ weeks following second shot of Pfizer or Moderna or first shot of J&J) do not need to isolate and are permitted to attend camp.</p>
	<p>SANITATION As usual, sanitation of camp facilities will be handled by camp managers and maintenance personnel with increased frequency including dining hall, restrooms, trash cans, pool, camp store, and recreation spaces.</p> <p>Hand sanitizing stations will be provided throughout camp for frequent use by campers, counselors, and staff.</p>